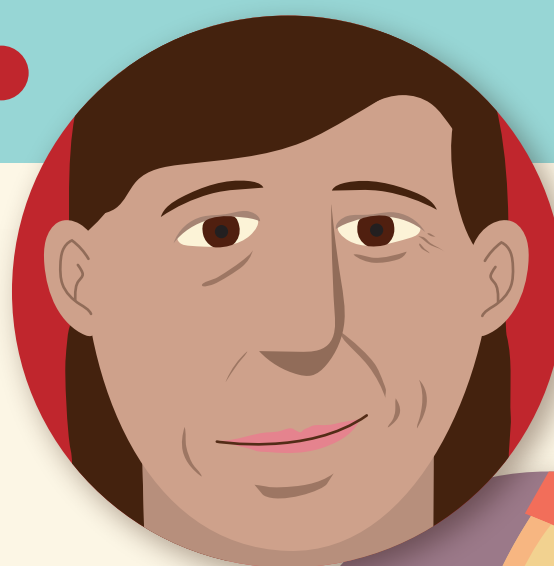


# Know the signs of a stroke and act

# F.A.S.T.

## Face Drooping

Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lopsided?



## Arm Weakness

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



## Speech Difficulty

Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence. Is the person able to correctly repeat the words?



## Time to call 911

If you observe any of these signs, call 911 immediately!



## What to do while waiting for help?

Stay calm!

Note the time you noticed symptoms.

Make sure the person is in a comfortable position.

If the person is unconscious and not breathing, perform CPR.



Remember, when it comes to treating a stroke,  
**Time is very important!**

For additional information, please visit [flhealth.gov/stroke](http://flhealth.gov/stroke)

References: American Stroke Association (2017). Warning Signs. Retrieved from <http://strokeassociation.org/STROKEORG/WarningSigns>

