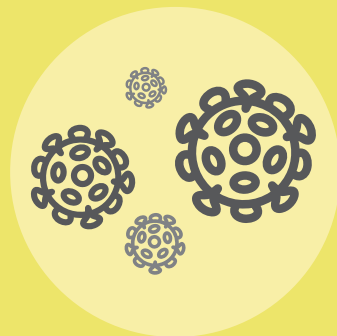




# Hepatitis A Disinfection Guide for Medical Settings

## Hepatitis A is contagious.

Hepatitis A virus is in the feces of people who have the virus. If a person with the virus doesn't wash their hands after going to the bathroom, fecal matter can transfer to people, objects, food and drinks.



## Frequently touched surfaces should be cleaned often.

- Faucets
- Sinks
- Toilets and commodes
- Kitchen surfaces
- High chairs
- Ice machines
- Doorknobs
- Remote controls
- Light switch plates
- Phones
- Keyboards
- Railings
- Tables and chairs
- Wheelchairs and walkers
- Linens
- Recreation equipment

## Use disinfectants that kill hepatitis A

### Chlorine Bleach Solution

Mix 1<sup>2</sup>/<sub>3</sub> cups bleach with 1 gallon of water (5000 ppm). Use immediately to clean:

- Stainless steel
- Items related to food and mouth contact
- Tile floors and other nonporous surfaces
- Counters, sinks and toilets

### Other Disinfectants

Because bleach can corrode or damage some surfaces, you may need to use a different disinfectant: **make sure it kills hepatitis A.** Read product labels and specification sheets.



### When you clean:

- Check that the area has good ventilation.
- Wear gloves.
- Wear covering that protects your clothing.
- Keep disinfectants away from other chemicals

## Steps for cleaning up vomit or feces:

**IMMEDIATELY** block off the contaminated area.

**1. Put on personal protective equipment (PPE):** two sets of gloves (you will double-layer the gloves), a mask, eye protection or a face shield, and a gown or something similar that will protect your body and clothes.

**2. Clean up all visible vomit or feces.** Use disposable absorbent material like paper towels or disposable cloths. Handle contaminated towels or cloths as little as possible.

**3. Put contaminated towels or cloths in a durable plastic bag.**

**4. Disinfect the area and objects surrounding the contamination:** use a disinfectant that kills hepatitis A.

**5. When cleaning and disinfecting is done, take off PPE in this order:** take off outer set of gloves and keep the inner set on, take off your gown and then your mask.

**6. Put PPE in a durable plastic bag.**



**7. Keeping your inner set of gloves on, take out all plastic bags to a secure trash container.** Don't let the bags touch your body or clothing.



### Disinfecting Medical Equipment Used for Patients with Infection

- Medical equipment should be dedicated to the patient's room,
- Or the equipment must be thoroughly disinfected if removed from the room.
- Only use disinfectants and cleaning steps recommended by the manufacturer.

## Don't spread hepatitis A at work.

**Wash your hands with soap and warm, running water for 20 seconds:**

### BEFORE YOU

- Put on disposable gloves.
- Handle or serve food.
- Clean equipment.

### AFTER YOU

- Remove your gloves.
- Handle dirty equipment, trash or waste.
- Touch bare human body parts other than clean hands and arms.



**ALCOHOL-BASED HAND SANITIZERS DON'T KILL HEPATITIS A GERMS!**

- Use the restroom.
- Cough, sneeze or use a handkerchief or tissue.
- Use tobacco, eat or drink.

For more information, call the hepatitis A information line, Mon.–Fri., 8 a.m.–5p.m., toll free: 1-844-CALL-DOH (844-225-5364).  
Email: HepA@flhealth.gov.

Learn more:  
[FloridaHealth.gov/HepA](http://FloridaHealth.gov/HepA)  
[CDC.gov/Hepatitis](http://CDC.gov/Hepatitis)  
[Immunize.org/Hepatitis-A](http://Immunize.org/Hepatitis-A)