




## No-Cost & Low-Cost Health Services

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Services with the sun icon are provided locally.  
Find a county health department near you:  
[FloridaHealth.gov/all-county-locations.html](http://FloridaHealth.gov/all-county-locations.html)

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 **Breast and cervical cancer** screenings for eligible women.

 **Dental** services for eligible adults and children.


**Early intervention services** provided by Early Steps for eligible infants and toddlers (birth–36 months) who are at-risk or have developmental disabilities or delays: [CMS-Kids.com/families/early\\_steps/early\\_steps.html](http://CMS-Kids.com/families/early_steps/early_steps.html).


 **Epilepsy** services for eligible adults and children.

**MEDICATION HELP:** [FloridaHealth.gov/diseases-and-conditions/epilepsy/Epilepsy-Medication-Program.html](http://FloridaHealth.gov/diseases-and-conditions/epilepsy/Epilepsy-Medication-Program.html).

**FIND A PROVIDER:** [FloridaHealth.gov/diseases-and-conditions/epilepsy/Epilepsy-Service-Program-Providers.html](http://FloridaHealth.gov/diseases-and-conditions/epilepsy/Epilepsy-Service-Program-Providers.html).

**Family education and care coordination** for eligible pregnant women and families of children under age 3 through Healthy Start, a free home visiting program: [HealthyStartFlorida.com/about-us/coalition-map/](http://HealthyStartFlorida.com/about-us/coalition-map/).

 **Family planning** services for adults and teens: [FloridaHealth.gov/programs-and-services/womens-health/family-planning/index.html](http://FloridaHealth.gov/programs-and-services/womens-health/family-planning/index.html).

 **Food, nutrition education, breastfeeding support and health care referrals** through Women, Infants and Children (WIC) for eligible women.

**FIND A WIC OFFICE:** [FloridaHealth.gov/programs-and-services/wic/contact-info.html](http://FloridaHealth.gov/programs-and-services/wic/contact-info.html).

**CALL TOLL-FREE:** 1-800-342-3556



☀️ **Hepatitis** screening, testing and services for adults age 18 and older.

**HIV/AIDS** testing and treatment support:  
[KnowYourHIVStatus.com/get-tested/](https://www.knowyourhivstatus.com/get-tested/).

☀️ **Insulin for diabetes** for eligible adults and children.

**Meals and snacks** for eligible children through Child Care Food, Afterschool Meals and Homeless Children Nutrition programs and participating child care centers and organizations.

**FIND A CENTER OR ORGANIZATION:**

[FloridaHealth.gov/programs-and-services/childrens-health/child-care-food-program/index.html](https://www.floridahealth.gov/programs-and-services/childrens-health/child-care-food-program/index.html).

**Quit tobacco** using tools and services:  
[TobaccoFreeFlorida.com](https://www.tobaccofreeflorida.com).

**CALL TOLL-FREE:** 1-877-U-CAN-NOW

☀️ **Sexually Transmitted Diseases** screening, testing and services for adults and teens.

**Text4baby** sends maternal and child health texts on prenatal care, immunizations, nutrition, oral health, safe sleep, flu, birth defects prevention and more. To sign up for this no-cost service text **BABY** to 511411 (or **BEBE** for Spanish).

☀️ **Tuberculosis** screening, testing and services for adults, teens and children.

☀️ **Vaccine** information, clinics and providers for adults, teens, children and infants: [ThePowerToProtect.org](https://www.thepowertoprotect.org).

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**NATIONAL HELPLINES & HOTLINES**

National Suicide Prevention Lifeline: 1-800-273-8255

Florida Sexual Assault Hotline: 1-888-956-7273

National Human Trafficking Hotline: 1-888-373-7888  
or text 233733

National Mental Health Helpline: 1-800-662-HELP (4357)