

Florida Department of Health · Florida Health COVID 19.gov

## Containment

The Centers for Disease Control and Prevention (CDC) recommends that as soon as an individual develops symptoms of COVID-19 (fever, cough and shortness of breath), they should wear a face mask (if it does not restrict breathing) and should be immediately placed in **isolation** away from other individuals.



- Keep the individual's movement outside the isolation space to an absolute minimum.
- Ensure that the individual is wearing a face mask at all times when outside of the isolation space, and whenever another individual enters.
- Place suspected and confirmed COVID-19 cases under isolation individually. Each isolated individual should be assigned their own housing space and bathroom where possible. Cohorting should only be practiced if there are no other available options.
- Close contacts of a known or suspected COVID-19 case should be isolated with their symptoms monitored for 14 days.



## Infection Control

- Facilities without onsite healthcare staff should contact their county health department to coordinate effective isolation and necessary medical care.
- Staff should exercise appropriate infection control measures when in contact with individuals showing symptoms of a respiratory infection.

## These include:

- Implement social distancing strategies to **increase the physical space** between persons (ideally 6 feet between all individuals, regardless of the presence of symptoms).
- Wash your hands with soap and water for 20 seconds.
- Avoid **touching** your eyes, nose, or mouth without washing your hands first.
- Avoid **sharing** eating utensils, dishes, and cups.
- Avoid non-essential physical contact.



## Perform Routine Cleaning and Disinfection

- Thoroughly clean and disinfect all areas where the confirmed or suspected COVID-19 case spent time.
- Clean and disinfect all areas (e.g., cells, bathrooms, and common areas) used by the infected individual, focusing especially on frequently touched surfaces.
- EPA-registered disinfectants: tinyurl.com/tmo4xgf



■ Ensure that people performing cleaning wear recommended personal protection equipment (PPE).

- Cases under isolation should throw disposable food service items in the trash in their isolation room. Non-disposable food service items should be handled with gloves and washed with hot water or in a dishwasher.
- Laundry from a COVID-19 cases can be washed with other individuals' laundry.
- Ensure that transport vehicles are thoroughly disinfected after carrying a confirmed or suspected COVID-19 case.
- For more information, refer to the CDC's guidance for detention facilities at

https://tinyurl.com/ue7v8w4