

AFTER THE STORM SAFETY

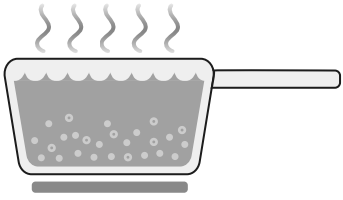
Emergency Information:
1-800-342-3557
floridadisaster.org

SAFE WATER

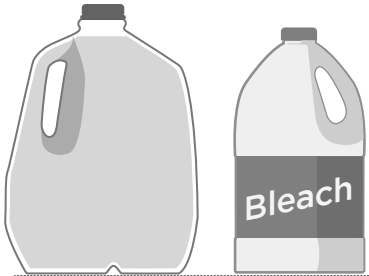
For drinking, cooking, washing wounds and brushing teeth, use bottled water, boiled water or disinfected water.

FOR BOIL WATER NOTICES

Hold a rolling boil for 1 minute to kill organisms.



7-8 drops (about 1/8 tsp.) bleach per gallon of water.



DISINFECTING

1. Add 8 drops of plain unscented household bleach (4-6% strength) or 7 drops of high strength bleach (8.25% strength) per gallon of water.
2. Mix and let stand for 30 minutes.
3. If the water is cloudy after 30 minutes, repeat once.

FLOOD WATER or DIRTY WATER

No one should play in flood water.

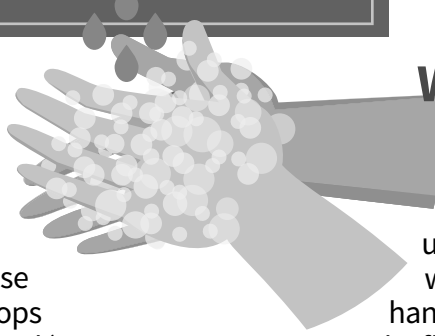
Soak dirty toys in clean, disinfected water.

WASH YOUR HANDS OFTEN

Use soap and safe water. Wash hands before eating, after using the toilet and when cleaning and handling things dirtied by floodwater or sewage.

Keep open cuts or sores clean.

With clean hands, apply antibiotic ointment. If redness, swelling or drainage develops, see a doctor.



HEAT EXHAUSTION WARNING SIGNS

Headache.

Fainting, feeling tired, weak or dizzy.

Heavy Sweating.

Muscle Cramps.

Paleness.

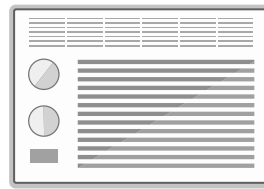
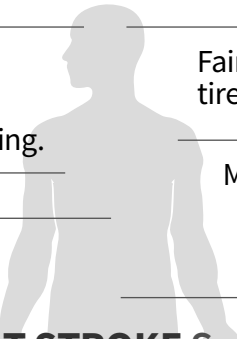
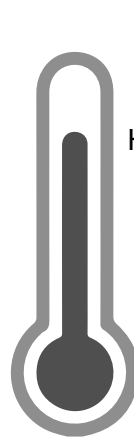
Nausea and vomiting.

HEAT STROKE Symptoms:

Confusion, altered mental status, slurred speech, loss of consciousness (coma), hot, dry skin or profuse sweating, seizures, very high body temperature. Heat Stroke can be fatal if treatment is delayed.

Keep cool.

Drink cool, nonalcoholic beverages; take a cool shower, bath or sponge bath; wear lightweight clothing; and rest in an air-conditioned room.



FOOD



Keep refrigerator and freezer doors closed to maintain the cold temperature.

FREEZERS: Food is safe in a full freezer for about 48 hours and in a half-full freezer for about 24 hours, if the door remains closed. Food is safe if it has ice crystals or if it's at 40° F or below. To avoid leaks, empty the ice out of your freezer before it melts.

REFRIGERATORS: Food in an unopened refrigerator is safe for about 4 hours. After that time, throw out perishable food: meat, poultry, fish, soft cheeses, milk, eggs, leftovers and deli items.

Don't eat from bulged or opened cans.

Clean unopened cans dirtied by flood water: remove labels and, using clean, disinfected water, soak the cans for at least 30 minutes. Assume that home-canned foods are unsafe.

Never taste a food to determine its safety.

Breastfeeding is best for babies.

If breastfeeding, continue to breastfeed often. For formula-fed infants, use sanitized bottles and nipples. Discard any prepared formula that baby has not drunk within one hour. If water is safe, prepare powdered formula with clean water. If safe water is not available: use ready-to-feed (RTF) formula. Any opened RTF formula that is not used within an hour should be refrigerated or discarded.

CARBON MONOXIDE (CO) POISONING

It's invisible, odorless and tasteless gas. It can cause tiredness, weakness, chest pains, shortness of breath, upset stomach, vomiting, headaches, confusion, impaired vision, loss of consciousness and death.

Prevent CO poisoning:

Never use gas-powered generators inside. Keep portable generators or gasoline engines at least 20 feet away from open windows, doors, window air conditioners, or exhaust vents. Don't burn charcoal inside or leave any gas-powered engine running in any enclosed or partially enclosed space. Install battery-powered or plug-in CO alarms (with battery backup) in your home.



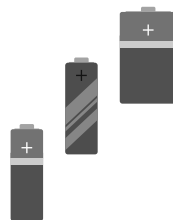
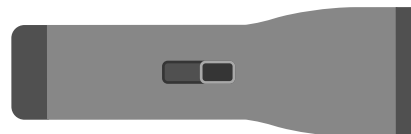
Suspect CO poisoning?

Open doors and windows, turn off gas appliances, go outside and call 911 or the Poison Information Center at 1-800-222-1222.

AVOID FIRE DAMAGE

Use battery-powered lanterns and flashlights.

If you must use candles, put them in safe holders away from curtains, paper, wood or other flammable items.



STANDING WATER BREEDS MOSQUITOES

Cover your skin.

Wear shoes, socks, long pants and long sleeves. Mosquito spray is not safe for children under 2 months old, use mosquito netting to protect them. Fix broken screens on windows, doors, porches and patios.

SPRAY BARE SKIN AND CLOTHING WITH REPELLENT.



Use spray with DEET, picaridin, oil of lemon eucalyptus or IR3535. Follow label instructions.

Throw away storm debris as soon as possible.

Check and maintain your swimming pool's chemistry.

Empty plastic swimming pools.

