SAFE WATER
For drinking, cooking, washing wounds, and brushing teeth, use bottled water, boiled water, or disinfected water.

BOIL WATER NOTICES
Boil for at least 1 minute to kill bacteria.

DISINFECTING
1. Add 8 drops of plain unscented household bleach (4–6% strength) or 7 drops of high strength bleach (8.25% strength) per gallon of water.
2. Mix and let stand for 30 minutes.
3. If the water is cloudy after 30 minutes, repeat once.

FLOOD WATER or DIRTY WATER
Never allow children to play in flood water.
Soak dirty toys in clean, disinfected water, or dispose.
Never drive through flooded areas. Turn around, don’t drown!

WASH YOUR HANDS OFTEN
Use soap and safe water. Wash hands for 20 seconds before eating, after using the bathroom and when cleaning and handling things exposed to floodwater or sewage.

Keep open cuts or sores clean.
With clean hands, apply antibiotic ointment. If redness, swelling, or drainage develops, see a medical professional.

HEAT EXHAUSTION
WARNING SIGNS
Headache
Nausea and vomiting
Fainting, feeling tired, weak or dizzy
Muscle Cramps
Nausea and Vomiting

HEAT STROKE Symptoms:
Confusion, altered mental status, slurred speech, loss of consciousness, hot, dry skin, profuse sweating, seizures, and very high body temperature. Heat stroke can be fatal if left untreated.

HEAT EXHAUSTION
Keep cool.
Drink cool, caffeine-free, nonalcoholic beverages; take a cool shower, bath; wear lightweight clothing; and rest in a cool area.

CARBON MONOXIDE (CO) POISONING
CO is an invisible, odorless and tasteless gas. It can cause tiredness, weakness, chest pains, shortness of breath, upset stomach, vomiting, headaches, confusion, impaired vision, loss of consciousness, and death.

Prevent CO poisoning:
NEVER use gas-powered generators inside.
Keep portable generators or gasoline engines at least 20 feet away from open windows, doors, window air conditioners, or exhaust vents. NEVER burn charcoal inside or leave any gas-powered engine running in any enclosed or partially enclosed space. Install and maintain battery-powered or plug-in CO alarms (with battery backup) in your home.

Suspect CO poisoning?
Open doors and windows, turn off gas appliances, go outside, and call 911 or the Poison Information Center at 1-800-222-1222.

STANDING WATER BREEDS
Cover your skin.
Wear shoes, socks, long pants, and long sleeves. Mosquito spray is not safe for children under 2 months old, use mosquito netting to protect them. Fix broken screens on windows, doors, porches, and patios.

MOSQUITOES
Drain standing storm water.
Drain water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots, or any other containers where water has collected.

Spray bare skin and clothing with repellent.
Use spray with DEET, picaridin, oil of lemon eucalyptus, or IR3535. Follow label instructions carefully.

Dispose of storm debris as soon as possible.
Check your swimming pool’s chemistry and adjust accordingly.
Empty plastic swimming pools.