

BEST SAFE



ENVIRONMENT

SUNNY?

Wear sunscreen & a hat.



RAIN? LIGHTNING?

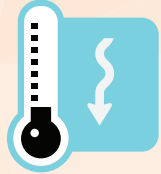
Take shelter.



IT'S VERY HOT.



Don't get thirsty: drink 8 oz. of water every 20 minutes. Eat lighter meals. Find shade & sit.



IT'S VERY COLD.

It's easier to stay warm if you're hydrated. Drink water every hour. Layer clothing. Warm up with heavier meals & hot drinks. Sit in a sunny spot.

MOSQUITOES BITE DAY & NIGHT.

Use EPA-approved insect repellent.



Cover your skin with long sleeves & pants.

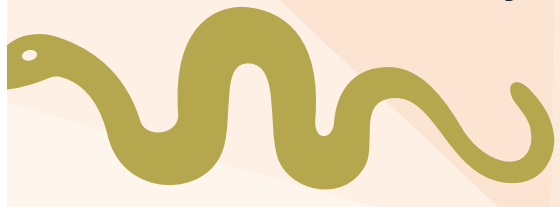


POISON IVY OR OAK:

Watch out for 3 leaves!

YOU SEE A SNAKE.

Leave it. Most Florida snakes are not dangerous—only 6 have venom—but they ALL want to be left alone.



FRIENDS



USE THE BUDDY SYSTEM.

Don't get lost in the crowd.

FRIEND SICK?

Acting in a way that could harm themselves or others? Call on-site medical services:



(863) 225-0294



THE CAR.

Who is the designated driver? Does everyone know where the car is parked?

YOU



DRINKS.

Drink only from sealed bottles or containers.

Or watch your drink, smoothie, etc., being made.



HANDS.

Wash them often with soap & water, or use hand sanitizer.



This safety message brought to you by the Florida Department of Health.