We are learning more about how Zika spreads.

ZIKA-INFECTED MOSQUITOES

The mosquito bites someone.

SEXUAL TRANSMISSION A man or woman may pass Zika to their partner during vaginal, oral or anal sex.

4 out of 5
people with
Zika do not get sick,
so it is important
to take
precautions.

TRAVEL HISTORY IS
IMPORTANT Check out
www.cdc.gov for the
most up-to-date list of
areas with Zika.

SYMPTOMS Fever, rash, joint pain, red eyes are symptoms of Zika virus. If you or friends and family have traveled to an area with Zika and have these symptoms, see your health care provider right away.

LOCAL MOSQUITOES These mosquitoes become infected and transmit the virus, so it is important for you and your partner to take precautions against mosquito bites at all times.

Protect Your Family & Friends

If your partner or friends or family have traveled to an area where Zika is spreading, take extra care. Every time you have sex, use barrier methods correctly or abstain from sex.

Everyone: Don't Get Bitten by Mosquitoes

SKIN Wear long-sleeved shirts and pants. Use insect repellents approved by the U.S. Environmental Protection Agency.

BUILDINGS & HOMES Mosquitoes can live indoors and bite day or night. Keep doors and windows shut or covered with undamaged screens.

YARDS Every week, drain standing water around buildings and homes—a bottle cap of water is enough for mosquitoes to lay eggs in. Drain flower pots, pet bowls, buckets, toys, etc.



