

# sneeze like a vampire



- Cover your nose and mouth. Cough or sneeze into a tissue, your shirt sleeve or elbow.
- Wash your hands a lot with soap and water.
- Alcohol-based hand sanitizers are OK to use—soap and water is best.
- Try not to touch your eyes, nose and mouth. Germs are spread this way.

Flu vaccine  
before  
Halloween!

[FluFreeFlorida.com](http://FluFreeFlorida.com)

