



COVID-19 Symptom Screening for Health Care Professionals & Employees

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If you work in a nursing home, group home or assisted living facility, the CDC recommends regularly monitoring yourself for COVID-19 symptoms:

Common symptoms: cough and shortness of breath.

Other symptoms: fever, chills, shaking, muscle pain, headaches, sore throat and new loss of taste or smell.

Report any symptoms to your supervisor and:

IF YOU'RE AT HOME, don't come to work.

IF YOU'RE AT WORK, keep your face covered with a mask, leave immediately and self-isolate.

Call your health care provider or county health department about testing.

If you test positive, you can return to work when:

AT LEAST 3 DAYS have passed and you've been fever-free without using fever-reducing medicine, and your cough and shortness of breath have improved.

AT LEAST 10 DAYS have passed since your symptoms first appeared.

The CDC has new options to reduce quarantine. Scan the code to learn more.



If you've tested positive and don't have any symptoms, you can still spread COVID-19. Self-isolate for 10 days.