### COVID-19

**Guidance for Businesses & Employees**

#### Reduce Transmission Among Employees

**Encourage sick employees to stay home**
- Employees who have symptoms (cough or shortness of breath) should notify their supervisor and stay home. Other COVID-19 symptoms include fever, chills, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

- Employees should not return to work until the criteria to discontinue home isolation are met, in consultation with healthcare providers. [Learn more at tinyurl.com/vgx83aq](https://tinyurl.com/vgx83aq).

- Employees who are well but who have a sick family member at home with COVID-19 should notify their supervisor. Follow the Centers for Disease Control and Prevention’s (CDC) recommended precautions at [tinyurl.com/sdf3p46](https://tinyurl.com/sdf3p46).

- Reduce the in-office workforce to 50% by encouraging employees to telecommute if possible.


#### Have Flexible Sick Leave Policies

- Ensure that sick leave policies are flexible and consistent with public health guidance and that employees are aware of and understand these policies.

- Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school and childcare closures.

- Employers should not require a positive COVID-19 test result or a healthcare provider’s (HCP) note for employees who are sick to validate their illness, qualify for sick leave, or to return to work. HCP offices and medical facilities may be extremely busy and not able to provide such documentation quickly.

#### Maintain a Healthy Work Environment

- State officials suggest that employers require their employees to wear face masks.

- Provide tissues and no-touch disposal receptacles if possible.

- Provide soap and water in the workplace.

- Place hand sanitizers with at least 60% alcohol in multiple locations to encourage hand hygiene.

- Discourage handshaking—encourage the use of other noncontact methods of greeting.

- Encourage social distancing by maintaining a distance of **6 feet** from others when possible.

#### Perform Routine Cleaning and Disinfection

- Routinely clean and disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, and doorknobs.

- Discourage workers from using other workers’ phones, desks, offices, or other work tools and equipment, when possible. If necessary, clean and disinfect them before and after use.

- Provide disposable wipes so that commonly used surfaces can be wiped down by employees before each use.

#### Advise Employees Before Travel

- Check the CDC’s Traveler’s Health Notices for the latest guidance and recommendations for each country to which you will travel.

- Advise employees to check themselves for symptoms of COVID-19 (cough or shortness of breath, fever chills, shaking, muscle pain, headaches, sore throat and a new loss of taste or smell) before starting travel and notify their supervisor and stay home if they are sick.

- Ensure employees who become sick while traveling or on temporary assignment understand that they should notify their supervisor and promptly call a healthcare provider for advice if needed.