



# COVID-19 & Hurricanes

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## Prepare for hurricane season

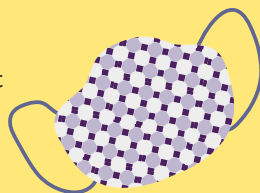
- Give yourself more time than usual to prepare your emergency food, water, and medicine supplies. Home delivery is the safest choice for buying disaster supplies; however, that may not be an option for everyone. If in-person shopping is your only choice, take steps to protect your and others' health when running essential errands.
- Protect yourself and others when filling prescriptions by limiting in-person visits to the pharmacy.
- Pay attention to local guidance about updated plans for evacuations and shelters, including shelters for your pets.

- When you check on neighbors and friends, be sure to follow social distancing recommendations (staying at least 6 feet from others and wearing a mask) and other CDC recommendations to protect yourself and others.



## Prepare to evacuate

- If you may need to evacuate, prepare a “go kit” with personal items you cannot do without during an emergency. Include items that can help protect you and others from COVID-19, such as hand sanitizer with at least 60% alcohol, bar or liquid soap, disinfectant wipes (if available) and two cloth face coverings for each person.
- Find out if your local public shelter is open, in case you need to evacuate your home and go there. Your shelter location may be different this year due to the COVID-19 pandemic.
- Make a plan and prepare a disaster kit for your pets. Find out if your disaster shelter will accept pets.



## Protect yourself at the shelter

- Practice social distancing. Stay at least 6 feet from other people outside of your household and wear a mask.
- Follow CDC COVID-19 preventive actions—wash your hands often and cover coughs and sneezes. Avoid sharing food and drink with anyone if possible.
- Avoid touching high-touch surfaces, such as handrails, as much as possible. Wash hands with soap and water for at least 20 seconds or use hand sanitizers with at least 60% alcohol immediately after you touch these surfaces.
- Keep your living area in the shelter clean and disinfect frequently-touched items such as toys, cellphones, and other electronics.
- If you feel sick when you arrive at the shelter or start to feel sick while sheltering, tell shelter staff immediately.
- Learn more at [tinyurl.com/cdc-shelter](https://tinyurl.com/cdc-shelter)

## Stay safe after the storm

- You should continue to follow preventive actions to protect yourself and others from COVID-19, like washing your hands and wearing a cloth face covering during cleanup or when returning home.
- It may take longer than usual to restore power and water if they are out. Take steps to prevent carbon monoxide poisoning if you use a generator.

- If you are injured or ill, contact your medical provider for treatment recommendations. Keep wounds clean to prevent infection. Remember, accessing medical care may be more difficult than usual during the pandemic.

